

Luxury Tree Top Ocean Flow Yoga Retreat

12-14th June 2026

Come join us in Devon for this Luxury 2 night Yoga Retreat by the sea, to slow down, breathe deeply, and reconnect - with nature and yourself.

Yoga & Sauna in the tree tops over looking to ocean - to nourish the soul and awaken the spirit!

Sleep next to Mother Nature and hear the sounds of the waves as you drift off to sleep. Embark on this mindfulness escape to rest, revive and renew.



The SPACE

This tree top Yoga Space overlooking the ocean is one-of-a-kind.

Connect with nature, surrounded by 360 views, nature's sounds and natural light in your yoga practice.

Located in Lynmouth, North Devon, the venue includes cosy hideaways, luxury accommodation, a dedicated yoga space, lush gardens, outdoor sauna and plunge bath facilities, and so much more...

...just a 10mins walk to the ocean.



Accommodation & Rooms

At Wild & Free we offer luxury... in unique and beautiful locations around the world by the ocean.

This location has a real touch of luxury!

Enjoy relaxing after the daily activities with beautiful views from the tree tops overlooking the ocean. A perfect space to unwind, read a book or socialise with your fellow guests.



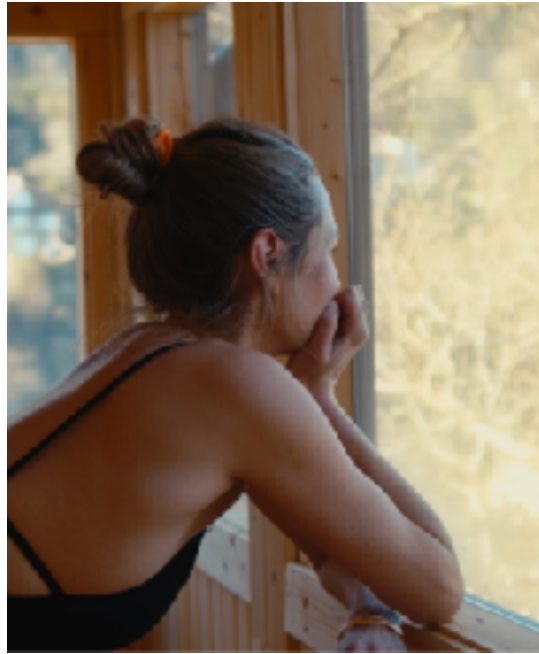
Rooms for all budgets

Various apartments with room options to suit all budgets, from your own private double ensuite, to shared twins rooms (ensuite & shared bathroom options available)

All with communal lounge areas, kitchens and stunning views.

Every room offers a stylish modern interior, with a homely feel and comfortable beds to enjoy a peaceful nights sleep.





Sauna and Plunge Bath

Sauna with a view... and what a view!

Gaze out amongst the trees, over the ocean while enjoying this outdoor sauna.

As well as a refreshing plunge bath with views to enhance the experience and add to the 'exhilarating' cold water rush...

Then jump back in the sauna again!



Cold water therapy or just enjoy the warmth and benefits of the Sauna...

It's all good for you and part of the facilities you get to enjoy on your escape amongst nature, to nurture and nourish your soul (skin deep)



Walks & Activities

Enjoy some stunning guided walks around the dramatic landscape of North Devon and its Coastal Paths. Including the Valley of the Rocks, Woody Bay and Heddon's Mouth.

Nestled on the edge of Exmoor National Park, this venue offers front-row access to rugged coastal beauty, endless hiking trails, and serene spaces to unwind.

Other activities like kayaking, paddle boarding and wild swimming are also available.



This coastline is one to explore with its natural unspoilt beauty...



Don't fancy leaving the venue, indulge in booking yourself a massage... enjoy your time how you want!

Or simply enjoy watching the waves roll in from your apartment, this is a place to escape the everyday and take some time for you.

What's Included

- 2 Nights Luxury Accommodation
- Daily tree top Yoga [& equipment]
- Yoga Nidra & Sound
- All meals included [Breakfast , lunch & Dinner]
- Guided coastal walk
- Outdoor Sauna & Plunge Bath
- Wild & Free Goodie Bag

Additional Extras [not included]

- Massages
- Private 1 to 1 Yoga
- Surf Lesson or Private session
- Other water sports i.e SUP, Kayaking, wild swimming & more!



- The Elsewhere Kitchen - "Meet your Private Chefs..."

We've worked with Beverlee and Jamie for many years now, on various retreats and they bring a wonderful 'warmth' to our retreats with their delicious and nutritious food and the LOVE & PASSION they put into their creations!

Feedback from our guests has always been *"can you come home with me and cook for me every day!"* and their attention to detail, including catering for many different dietary requirements has encouraged many guests to come back time and time again (knowing they'll be fed well)

THEIR APPROACH

Bevelee & Jamie are retreat chefs who bring more than nourishing, beautifully crafted food to the table. All meals focus on a balance of protein, complex carbs & a rainbow of vegetables. Accompanied by salads, dips, drizzles, dressing, sprinkles, chutneys & nooches.

- Beverlee is a registered Nutritional Therapist
- Allergy Aware
- Vegan & Vegetarian Menus





Yoga for everyone...

We host retreats worldwide from Surf & Yoga Adventures in Sri Lanka, Morocco and Portugal to Wellness Yoga Retreats in Devon & Cornwall.

Amanda's passion, whether in a class or on a retreat, is sharing Yoga that is accessible for 'everyone'. Encouraging people to find freedom in their bodies, through fluid movement to release the tension we hold deep in the fascia, muscles and joints (causing a lack of mobility and stress in the body)

Yoga is 'a way of life' and gifts us with a 'happier, healthier life and body' when practiced with awareness.

Retreats allow us to connect to our energy and go deeper...



This View!

We need say no more...

Look forward to seeing you in this magical location.

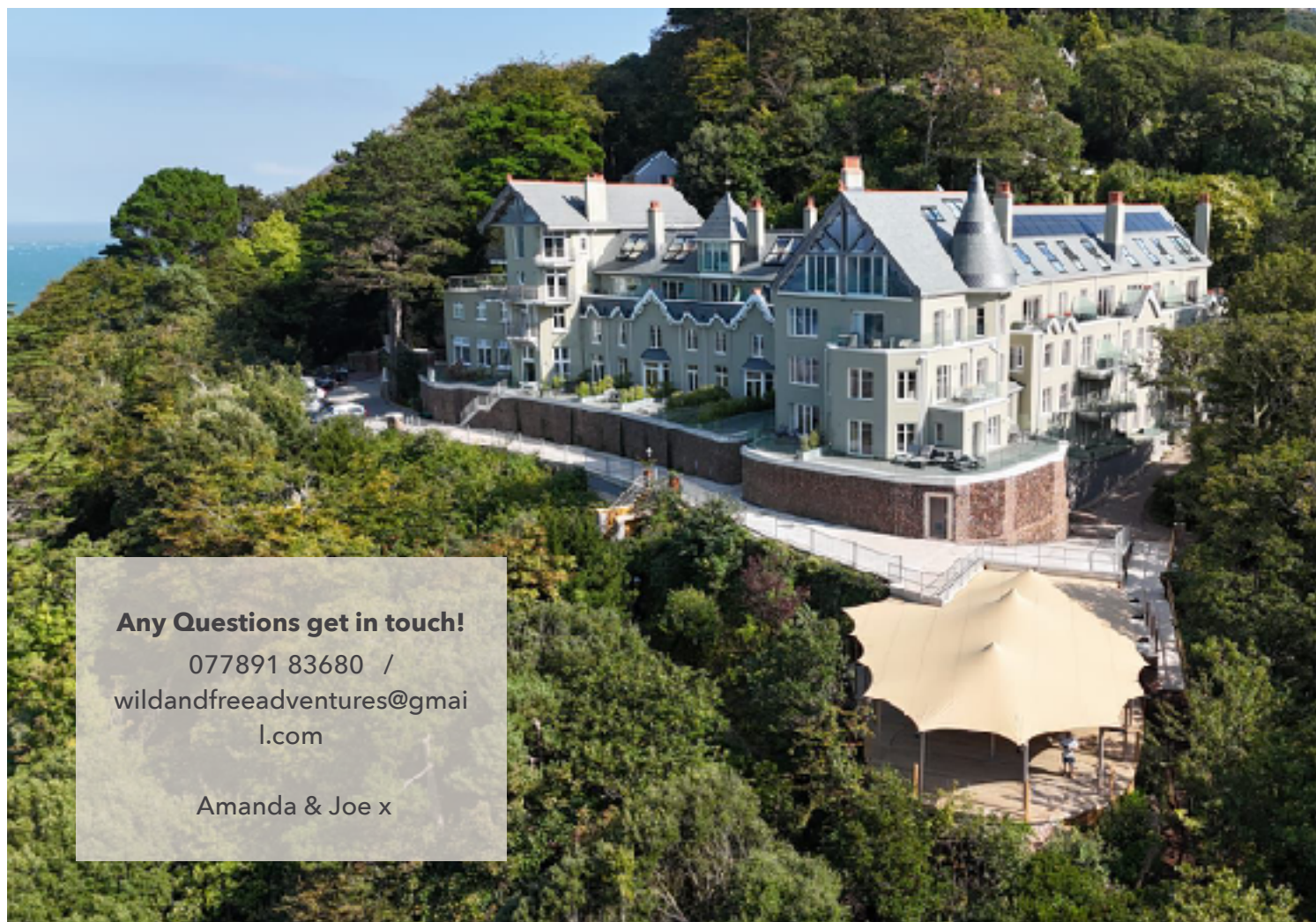
Amanda & Joe x

PRICING PER PERSON

PRICE	Room	Bathroom	Apartment
£740.00	Shared Twin	Shared	2 Bed / 2-4ppl
£820.00	Private Dbl	Shared	2 Bed / 2-4ppl
£925.00	Private Dbl	Ensuite	2 Bed / 2-4ppl

Penthouse Apartment and Prices available upon request.

30% Non refundable deposit required to secure your spot - then remaining balance in May, or get in touch for monthly instalments



Any Questions get in touch!

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Amanda & Joe x